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**2023 AZ State Championships**  
**Friday October 13<sup>th</sup> & Saturday October 14<sup>th</sup>, 2023**  
**Hosted by Skating Club of Phoenix**  
**AZ Ice Peoria / Peoria, AZ**

Referee: Patricia Wilkins  
Chief Accountant: Judy Civiello  
Competition Chair: Yolanda Solano  
Competition Registrar: Kate Johnson

## **I. COMPETITION OVERVIEW**

The 2023 AZ State Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

**Skaters must be a currently registered member of a U.S. Figure Skating member club in the state of Arizona or a resident of the state of Arizona currently registered member of a U.S. Figure Skating member club, or an Arizona collegiate club in accordance with the current rulebook.**

## **II. ELIGIBILITY**

### **Singles Excel and Well Balanced Events:**

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
  - o Skate Up: skaters may skate up one level higher than their highest singles test level allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
  - o If an athlete has participated in the NQS series, the event level registered for in the most recent NQS series will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
  - o If an athlete has participated in the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.
- Skaters are not permitted to enter an Excel and a Well Balanced event of the same type and same level (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate) at the same competition. However, they are permitted to enter an Excel and a Well Balanced event of different types (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email [events@usfigureskating.org](mailto:events@usfigureskating.org) or refer to information sheet [HERE](#).

### **All other singles events (such as Adults):**

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

### **EVENTS OFFERED:**

[Program requirements for the events listed below can be found here: usfigureskating.org – Skate – Compete – Program Requirements](#)

NOTE: Skaters may not enter an Excel and Well-Balanced Free Skate event at the same competition.

| <b>SINGLES</b>                                    | <b>JUDGING</b> | <b>1<sup>st</sup> Event Price</b> | <b>2<sup>nd</sup> Event Price</b> |
|---|----------------|-----------------------------------|-----------------------------------|
| Excel Free Skate: Beginner & High Beginner        | 6.0            | \$105                             | n/a                               |
| Excel Free Skate: Pre-Preliminary – Senior        | IJS            | \$135                             | n/a                               |
| Well Balanced Short Program: Juvenile – Senior    | IJS            | \$135                             | \$90                              |
| Well Balanced Free Skate: No Test – Senior        | IJS            | \$135                             | \$90                              |
| Adult Beginner & High Beginner Free Skate         | 6.0            | \$105                             | n/a                               |
| Adult Free Skate: Adult Pre-Bronze – Master Jr/Sr | IJS            | \$135                             | n/a                               |

### **OUR COMMUNITY:**

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

## **NON-DISCRIMINATION:**

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program received, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit [www.USFigureSkating.org/SkateSafe](http://www.USFigureSkating.org/SkateSafe) or email [SkateSafe@USFigureSkating.org](mailto:SkateSafe@USFigureSkating.org).

## **SKATESAFE COMPLIANCE:**

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>

## **COACHES:**

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

## **MANDATORY ATHLETES:**

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be SkateSafe compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.

## **III. REGISTRATION INFORMATION**

- All skaters must **register through [www.entryeeze.com](http://www.entryeeze.com)** and all entries must be complete by midnight MST on September 17<sup>th</sup>, 2023. Skaters will not be permitted to compete until all fees have been paid.
- **Late entries** may be accepted at the sole discretion of the Referee and competition committee and will be subject to a \$25 fee.
- ***Any level changes due to skater/parent/coach error made after the close of entries will incur a \$25 change fee.***
- **Two entries constitute an event.** Events with single entrants will be offered an exhibition or refund. Exhibitions are eligible for nomination and skaters will receive a medal.
- **Refunds will not be given for any reason after the close of entries.** This includes, but is not limited to, medical/injury/illness and school/religious schedules. The online processing fees are not refundable. Contested credit card charges will be issued a \$35 fee.
- **Notification of competition times** will be available on [www.Entryeeze.com](http://www.Entryeeze.com). All registered competitors will be notified via email when the schedule is published.
- **Skaters must check in at the registration table at least 60 minutes before their events. Any unresolved fees must be paid at this time.**

### **OFFICIAL NOTICES:**

All official notices will be posted on [www.entryeeze.com](http://www.entryeeze.com) and [www.skatingclubofphoenix.com](http://www.skatingclubofphoenix.com). The online schedule is always tentative and subject to change.

### **TEST CREDIT:**

Skaters that meet the requirements for test credit may request their test credit forms at Registration. In accordance with USFSA rules, test credit packets must be requested and paid for prior to the event. Packets cost \$10, payable to Skating Club of Phoenix and will be provided electronically via email no later than 2 days after the close of the event. Hard copies will not be available. Upon receipt of their test credit packets skaters are responsible for registering for IJS test credit with their home clubs, or they may also register with Skating Club of Phoenix for processing.

### **MUSIC SUBMISSION/UPLOAD:**

Competitors must provide music for all events, as appropriate. Competition music for all events that require music **must be submitted electronically** via the online registration system by the music deadline of **Sunday, October 1<sup>st</sup>, 2023 at 11:59 pm MST**. After you have paid for your events, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can log out of your account and return later to upload your music by going to the "competition" tab and then selecting "my music". If you have questions about what format you have, please contact your coach and get a new version of your music that meets the criteria listed below.

### **Music Criteria:**

1. File Format: MP3 (the online system will automatically check this).
2. Bit Rate: 192 kbps or higher (this will be checked by the music chairperson and they may request you upload a corrected file).
3. Sample Rate: 44,100 kHz (this will be checked by the music chairperson and they may request you upload a corrected file).
4. Leaders and Trailers: (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also have available a backup copy of their competition music on a CD.

**Music that is not submitted by the deadline date will be assessed a \$25 admin fee that will be collected at the registration desk before the skater is allowed to skate.**

### **PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD:**

Competitors are required to submit PPC in EntryEeze no later than **Sunday October 1<sup>st</sup>, 2023 at 11:59PM MST**. After this date, skaters will be locked out of this feature in EntryEeze and subject to a **\$25 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

### **REFUND POLICY:**

**Refunds will not be given for any reason after the close of entries.** This includes, but is not limited to, medical/injury/illness and school/religious schedules. The online processing fees are not refundable. Contested credit card charges will be issued a \$35 fee.

## **LIABILITY:**

U.S. Figure Skating, Learn to Skate USA, Skating Club of Phoenix and AZ Ice Peoria accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

## **IV. COMPETITION DETAILS**

### **FACILITIES:**

AZ Ice Peoria  
15829 N 83rd Ave, Peoria, AZ 85383  
(623) 334-1200  
<https://azicepeoria.com>

The competition ice surface (the "North Pole") is indoors and measures 80' x 200', with slightly rounded corners. The South Pole ice surface is Olympic size. Locker rooms may not be available for competitors. There is a snack bar inside the rink, and many restaurants within walking distance.

### **LOCKER ROOMS AND CHANGING AREAS:**

**Locker rooms and/or changing areas will not be available. Be prepared to come to the rink ready to skate and wear hard skate guards.**

### **U.S. Figure Skating Travel Policy:**

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

### **RESULTS:**

Results will be posted electronically during the competition for all levels: the website for results will be accessible via [www.skatingclubofphoenix.com](http://www.skatingclubofphoenix.com), QR codes will also be posted in the arena.

### **AWARDS:**

For all events, 1st through 4th place receive a medal. All competitors tied for a place (1-4) will receive a medal for that place.

### **SCHEDULE**

Notification of competition times will be available on [www.Entryeeze.com](http://www.Entryeeze.com). All registered competitors will be notified via email when the schedule is published.

### **PRACTICE ICE:**

Practice ice sessions will be available for purchase through **AZ Ice Peoria** after the schedule has been finalized. Purchase instructions will be emailed to all competitors. Skaters should check in with the rink staff for any questions regarding practice ice. Use the link below to create a rink account to register for practice ice:

<https://apps.dashplatform.com/dash/index.php?Action=Customer/new&company=azice>

### **ONSITE CHECK-IN:**

Registration will be open one hour before the first event and run through the last event of the day. The registration table will be located in the AZ Ice Lobby, near the North Pole rink. Please register promptly upon arrival.

### **VOLUNTEER INFO:**

Volunteer sign-up will be available through Sign-Up Genius, and links will be emailed to participants and posted on [www.skatingclubofphoenix.com](http://www.skatingclubofphoenix.com).

### **PHOTO/VIDEO & LIVESTREAM:**

A professional photographer and videographer will be available. A complimentary live-stream of the event will be offered, the link will be provided to all competitors via email.

- The LOC recommends skaters who have placed 1st through 4th have a group photo taken; purchase of photo is optional.
- Individual photos will be taken upon request regardless of placement.
- Personal cameras/video cameras are permitted but may only be used to film your skater's performance for personal use. **It is strictly prohibited to photograph or record any other skater's performance, or portions of performance.** The LOC reserves the right to deny admittance to anyone who violates this rule. Only battery powered video units are allowed; electrical cords, tripods (or similar devices) are not permitted in the arena.
- Professional videography for all events will be available for purchase.
- A digital photographer will also be in attendance for professional quality action shots.

### **CONTACT INFORMATION:**

Competition website: [www.skatingclubofphoenix.com/competitions](http://www.skatingclubofphoenix.com/competitions)

For questions, please contact: [competitions@skatingclubofphoenix.com](mailto:competitions@skatingclubofphoenix.com)



**Skating Club of Phoenix**  
*presents*  
**2023 Desert West Championships**  
**October 14<sup>th</sup> & 15<sup>th</sup>, 2023**



Basic Skills through Free Skate 6 in Singles and Adults Levels 1-6  
Registrations must be received via [EntryEeze.com](https://www.entryeze.com) by 11.59pm AZ time  
September 17<sup>th</sup>, 2023

AZ Ice-Peoria  
15829 N. 83rd. Ave  
Peoria AZ 85382  
623-334-1200

Referee: Patricia Wilkins  
Chief Accountant: Judy Civiello  
Competition Chair: Yolanda Solano  
Competition Registrar: Kate Johnson

Desert West will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

### **LIABILITY**

U.S. Figure Skating, Learn to Skate USA®, (host club) and (name of arena) accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **OUR COMMUNITY**

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

### **NON-DISCRIMINATION**

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program received, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit [www.USFigureSkating.org/SkateSafe](http://www.USFigureSkating.org/SkateSafe) or email [SkateSafe@USFigureSkating.org](mailto:SkateSafe@USFigureSkating.org).

### **TEAM SERVICE PERSONNEL**

Teams are permitted a maximum of two team service personnel. Team service personnel must have a green lighted background check and completed SafeSport™ Training. All compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

### **MANDATORY ATHLETES**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training.

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.



## ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current members of either Learn to Skate USA and/or those who are full members of U.S. Figure Skating. Members of other organizations are eligible to compete but must be a current registered member of Learn to Skate USA or a full member of U.S. Figure Skating. There will be no more than six competitors maximum in an event, and all six should receive an award.

## ELIGIBILITY AND TEST REQUIREMENTS

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic 1-6 skaters must skate at highest level passed or one level higher, and NO official U.S. Figure Skating tests may have been passed, including moves in the field or individual dances.

For the Pre-Free Skate, Free Skate 1-6, Well-Balanced, Adult and Adaptive levels, eligibility will be based only upon highest badge level or Singles test level passed. Skate United skaters have the option to compete in the standard track or Skate United badge levels; accommodations may be made upon request. Skating Skills test level will not determine a skater's competitive level. Skaters may skate at highest level passed OR one level higher but not both levels in the same event during the same competition.

## ELIGIBILITY RULES FOR COACHES/INSTRUCTORS

To be credentialed at a Compete USA event, individual's coaches are required to have:

- Learn to Skate USA Instructor membership OR U.S. Figure Skating full membership
- Safe Sport training completed (for coaches/instructors 18 years old and older)
- Background check successfully passed (for coaches/instructors 18 years old and over)
- Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliant coach (for coaches under 18 years old)

**ENTRIES AND FEES:** All entries must be registered through EntryEeze.com. Paper entries will not be accepted. Late entries will be accepted only if the limit has not been reached, at the discretion of the organizers. Entry fees are per person. NO refunds after closing date unless event is canceled by Skating Club of Phoenix.

| <b>SINGLES</b>  | <b>JUDGING</b> | <b>1<sup>st</sup> Event Price</b> | <b>2<sup>nd</sup> Event Price</b> |
|---|----------------|-----------------------------------|-----------------------------------|
| Basic Skills: Snowplow Sam – Basic 6  | 6.0            | \$95.00                           | \$75.00                           |
| Pre-Free Skate – Free Skate 6; with or without music                              | 6.0            | \$105.00                          | \$75.00                           |
| Adult Basic Skills: Adult 1 – Adult 6; with or without music                      | 6.0            | \$95.00                           | \$75.00                           |
| Showcase: Basic 1 – Preliminary & Adult 1 – High Beginner; including Interpretive | 6.0            | \$105.00                          | \$75.00                           |
| Specialty Events: Spins & Jumps Challenges  | 6.0            | \$75.00                           | \$50.00                           |

Program requirements for the events listed above may be found here: [usfigureskating.org – Skate – Compete – Program Requirements](http://usfigureskating.org – Skate – Compete – Program Requirements)

**REGISTRATION:** The registration desk will be in the lobby of AZ Ice-Peoria and will be open during the competition beginning 1 hour prior to the first event through the end of the last event. Regardless of coach preference, it is the skater's sole responsibility to check in with the registration desk a minimum of one (1) hour prior to their event. Failure to check in with the registration desk within the required time frame may result in the skater's withdrawal.

**JUDGING:** The 6.0 judging system will be used for all events.

**RESULTS:** Paper results will be posted inside the rink facilities, typically near photography.

**AWARDS:** Medals will be awarded to all competitors. All awards will be given immediately following the posting of results.

**SCHEDULE OF EVENTS:** A complete schedule of events and groupings will be posted on EntryEeze.com approximately 14 days prior to the start of competition.

**PRACTICE ICE:** Practice ice sessions will be available for purchase through **AZ Ice Peoria** after the schedule has been finalized. Purchase instructions will be emailed to all competitors. Skaters should check in with the rink staff for any questions regarding practice ice. Use the link below to create a rink account to register for practice ice:

<https://apps.dashplatform.com/dash/index.php?Action=Customer/new&company=azice>

**LOCKER ROOMS:** Locker rooms and changing areas will not be available this competition. All athletes are expected to arrive at the arena ready (costumes, hair, make-up etc.). Athletes will be provided with an area to put skates on but changing will not be permitted in these spaces.

**MUSIC:** The music for all free skating programs and showcase must be uploaded to EntryEeze no later than 11.59pm AZ time on Sunday October 1<sup>st</sup>, 2023. **Late music will incur a \$25 fee per instance, which must be paid prior to the skater's event or they will be disqualified and unable to skate.**

**PHOTOGRAPHY AND VIDEO:** Spectators are reminded that **flash photography is dangerous and will be strictly prohibited.** A professional photographer and videographer will be available. A complimentary live-stream of the event will be offered, the link will be provided to all competitors via email.

- The LOC recommends skaters who have placed 1st through 4th have a group photo taken; purchase of photo is optional.
- Individual photos will be taken upon request regardless of placement.
- Personal cameras/video cameras are permitted but may only be used to film your skater's performance for personal use. **It is strictly prohibited to photograph or record any other skater's performance, or portions of performance.** The LOC reserves the right to deny admittance to anyone who violates this rule. Only battery powered video units are allowed; electrical cords, tripods (or similar devices) are not permitted in the arena.
- Professional videography for all events will be available for purchase.
- A digital photographer will also be in attendance for professional quality action shots.

**VENDORS:** It is anticipated that several vendors will be present. We encourage everyone to visit all the booths and find something of interest!

**U.S. FIGURE SKATING TRAVEL POLICY:** All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

**CONTACT INFORMATION:**

Competition website: [www.skatingclubofphoenix.com/competitions](http://www.skatingclubofphoenix.com/competitions)

For questions, please contact: [competitions@skatingclubofphoenix.com](mailto:competitions@skatingclubofphoenix.com)

## Snowplow Sam – Basic 6: Elements

Skater will perform one element at a time in the order listed below (no excessive connecting steps or choreography). Judge/referee directed example: all skaters perform first element before moving on to the next and so on, or each skater performs all the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice (determined by the LOC)
- No music
- Divide Snowplow Sam skaters by level (1-4), if registrations warrant
- **All elements must be skated in the order listed**

| LEVEL        | TIME     | SKATING RULES/STANDARDS  |
|--------------|----------|--|
| SNOWPLOW SAM | 1:00 max | <ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>  |
| BASIC 1      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on one or two feet</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>   |
| BASIC 2      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward swizzles, 6-8 in a row</li> </ul>   |
| BASIC 3      | 1:00 max | <ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>   |
| BASIC 4      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul> |
| BASIC 5      | 1:00 max | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>   |
| BASIC 6      | 1:00 max | <ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Mohawk, right to left and left to right</li> <li>• Bunny hop</li> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position</li> <li>• T-stop, right or left</li> </ul>   |

## Snowplow Sam – Basic 6: Program with Music

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice with music
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements

| LEVEL        | TIME     | SKATING RULES/STANDARDS  |
|--------------|----------|--|
| SNOWPLOW SAM | 1:10 max | <ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>  |
| BASIC 1      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on one or two feet</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>   |
| BASIC 2      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward one-foot glide (no variations), either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward swizzles, 6-8 in a row</li> </ul>  |
| BASIC 3      | 1:10 max | <ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Moving forward to backward two-foot turn on a circle</li> <li>• Beginning backward one-foot glide, either foot</li> </ul>   |
| BASIC 4      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, clockwise or counterclockwise</li> <li>• Forward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Backward half-swizzle pumps on a circle, either clockwise or counterclockwise, 4-6 consecutive</li> <li>• Backward one-foot glides (no variations), right and left</li> <li>• Beginning two-foot spin, maximum 4 revolutions</li> </ul> |
| BASIC 5      | 1:10 max | <ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, clockwise and counterclockwise, 4-6 consecutive</li> <li>• Forward outside three-turn, right and left</li> <li>• Advanced two-foot spin, minimum 4 revolutions</li> <li>• Hockey stop</li> </ul>   |
| BASIC 6      | 1:10 max | <ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Mohawk, right to left and left to right</li> <li>• Bunny hop</li> <li>• Basic forward spiral on a straight line (no variations), right or left</li> <li>• Beginning one-foot spin, maximum 3 revolutions, optional free leg and entry position</li> <li>• T-stop, right or left</li> </ul>   |

## Pre-Free Skate – Free Skate 1-6: Compulsory

In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on half-ice
- No music
- The skater must demonstrate the required elements listed
- *Bonus skills from the same level or below are allowed but will not be judged elements*
- A 0.2 deduction will be taken for each element performed from a higher level.

| LEVEL          | TIME     | SKATING RULES/STANDARDS  |
|----------------|----------|--|
| PRE-FREE SKATE | 1:15 max | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counter-clockwise</li> <li>• One-foot upright spin, optional entry and free foot position, minimum 3 revolutions</li> <li>• Mazurka: right or left</li> <li>• Waltz jump</li> </ul> |
| FREE SKATE 1   | 1:15 max | <ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• Backward outside three-turn, right and left</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin), minimum 4 revolutions</li> <li>• Toe loop</li> <li>• Half flip jump</li> </ul>   |
| FREE SKATE 2   | 1:15 max | <ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Backward inside three-turn, right and left</li> <li>• Beginning back spin, optional entry and free-foot position, maximum 3 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>  |
| FREE SKATE 3   | 1:15 max | <ul style="list-style-type: none"> <li>• Alternating mohawk/crossover sequence, right to left and left to right</li> <li>• Waltz three-turns, 2 sets clockwise and 2 sets counterclockwise</li> <li>• Advanced back spin with free foot in crossed leg position, minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>                             |
| FREE SKATE 4   | 1:15 max | <ul style="list-style-type: none"> <li>• Forward power 3s, 2-3 consecutive sets, right or left</li> <li>• Sit spin, minimum 3 revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> </ul>  |
| FREE SKATE 5   | 1:15 max | <ul style="list-style-type: none"> <li>• Backward outside three-turn, mohawk (backward power three-turn), 2-3 sets both directions</li> <li>• Camel spin, minimum 3 revolutions</li> <li>• Waltz jump-loop jump combination</li> <li>• Lutz jump</li> </ul>  |
| FREE SKATE 6   | 1:15 max | <ul style="list-style-type: none"> <li>• Forward power pulls, minimum 3 on each foot</li> <li>• Camel, sit spin combination, minimum of 4 revolutions total</li> <li>• Waltz jump-Euler (half loop)-Salchow jump combination</li> <li>• Axel jump; minimum requirement is a clear attempt either stationary or moving</li> </ul>   |

## Pre-Free Skate – Free Skate 1-6: Program with Music

The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- *Bonus skills from the same level or below are allowed but will not be judged elements*
- A 0.2 deduction will be taken for each element performed from a higher level

| LEVEL          | TIME     | SKATING RULES/STANDARDS  |
|----------------|----------|--|
| PRE-FREE SKATE | 1:40 max | <ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, one set each direction clockwise and counter-clockwise</li> <li>• One-foot upright spin, optional entry and free, foot position, minimum 3 revolutions</li> <li>• Mazurka: right or left</li> <li>• Waltz jump</li> <li>• <i>NOT ALLOWED – Waltz jump-side toe hop-waltz jump</i></li> </ul> |
| FREE SKATE 1   | 1:40 max | <ul style="list-style-type: none"> <li>• Forward stroking, 4-6 consecutive powerful strokes</li> <li>• One-foot upright spin, entry from backward crossovers, with free foot in crossed leg position (scratch spin), minimum 4 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> <li>• <i>NOT ALLOWED – Waltz jump-toe loop jump combination</i></li> </ul>  |
| FREE SKATE 2   | 1:40 max | <ul style="list-style-type: none"> <li>• Alternating forward outside spiral (right and left) and forward inside spiral (right and left) on a continuous axis</li> <li>• Beginning back spin, optional entry and free foot position, maximum 2 revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> <li>• <i>NOT ALLOWED – Waltz jump-toe loop or Salchow-toe loop jump combination</i></li> </ul>   |
| FREE SKATE 3   | 1:40 max | <ul style="list-style-type: none"> <li>• Alternating mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, minimum 3 revolutions</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> <li>• <i>NOT ALLOWED – Waltz-loop jump combination</i></li> </ul>  |
| FREE SKATE 4   | 1:40 max | <ul style="list-style-type: none"> <li>• Forward power 3s, 2-3 consecutive sets, right or left</li> <li>• Sit spin, minimum 3 revolutions</li> <li>• Half loop jump</li> <li>• Flip jump</li> <li>• <i>NOT ALLOWED – Waltz-loop or Waltz-Euler-Salchow jump combination</i></li> </ul>   |
| FREE SKATE 5   | 1:40 max | <ul style="list-style-type: none"> <li>• Backward outside three-turn, mohawk (backward power three-turn), 2-3 sets both directions</li> <li>• Camel spin, minimum 3 revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>   |
| FREE SKATE 6   | 1:40 max | <ul style="list-style-type: none"> <li>• Creative step sequence using a variety of three turns, mohawks and toe steps, half-ice</li> <li>• Camel-sit spin combination spin, minimum of 4 revolutions total</li> <li>• Waltz jump-Euler (half loop)-Salchow jump combination</li> <li>• Axel jump; minimum requirement is a clear attempt either stationary or moving</li> </ul>  |

## Adult 1-6: Compulsory

- The skating order of the elements is optional. Element may only be attempted once.
- To be skated in simple program format with limited connecting steps, half ice.
- A 0.2 deduction will be taken for each element missing, repeated, or from a higher level

| <i>Level</i> | <i>Time</i> | <i>Elements</i>  |
|--------------|-------------|--|
| Adult 1      | 1:30 max    | <ul style="list-style-type: none"> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>   |
| Adult 2      | 1:30 max.   | <ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>  |
| Adult 3      | 1:30 max    | <ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Backward snowplow stop, Right and Left</li> </ul> |
| Adult 4      | 1:30 max    | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Hockey stop, both directions</li> <li>• Backward one-foot glides, right and left</li> </ul>  |
| Adult 5      | 1:30 max    | <ul style="list-style-type: none"> <li>• Backward outside edge and backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin (min 2 revs)</li> </ul>  |
| Adult 6      | 1:30 max    | <ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>   |

## Adult 1-6 Free Skate with Music

- The skating order of the required elements is optional
- The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated; connecting moves and steps should be demonstrated throughout the program
- To be skated on full ice
- Skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous (lower) levels
- A 0.2 deduction will be taken for each required element missing and for those elements performed from a higher level

| Level   | Time     | Elements   |
|---------|----------|--|
| Adult 1 | 1:40 max | <ul style="list-style-type: none"> <li>• Forward Marching</li> <li>• Forward two-foot glide</li> <li>• Forward swizzle (4-6 in a row)</li> <li>• Forward snowplow stop – two feet or one foot</li> </ul>   |
| Adult 2 | 1:40 max | <ul style="list-style-type: none"> <li>• Forward skating across the width of the ice</li> <li>• Forward one-foot glides</li> <li>• Forward slalom</li> <li>• Backward skating</li> <li>• Backward swizzles, 4-6 in a row</li> </ul>  |
| Adult 3 | 1:40 max | <ul style="list-style-type: none"> <li>• Forward stroking using the blade properly</li> <li>• Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>• Forward chasses on a circle, clockwise and counterclockwise</li> <li>• Backward skating to a long two-foot glide</li> <li>• Backward snowplow stop, Right and Left</li> </ul> |
| Adult 4 | 1:40 max | <ul style="list-style-type: none"> <li>• Forward outside edge on a circle, right and left</li> <li>• Forward inside edge on a circle, right and left</li> <li>• Forward crossovers, clockwise and counterclockwise</li> <li>• Hockey stop, both directions</li> <li>• Backward one-foot glides, right and left</li> </ul>  |
| Adult 5 | 1:40 max | <ul style="list-style-type: none"> <li>• Backward outside edge and backward inside edge on a circle, right and left</li> <li>• Backward crossovers, clockwise and counterclockwise</li> <li>• Forward outside three-turn, right and left</li> <li>• Beginning two-foot spin (min 2 revs)</li> </ul>  |
| Adult 6 | 1:40 max | <ul style="list-style-type: none"> <li>• Forward stroking with crossover end patterns</li> <li>• Backward stroking with crossover end patterns</li> <li>• Forward inside three-turn, right and left</li> <li>• T-stop</li> <li>• Lunge</li> <li>• Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ul>   |



## Spins Challenge

- Spins may be skated in any order
- Connecting steps are allowed but will not be taken into consideration when scoring
- Spins may not be repeated; only required elements may be included
- All events are skated on half-ice
- Minimum number of revolutions are noted in parentheses

| LEVEL            | TIME     | SKATING RULES/STANDARDS  |
|------------------|----------|--|
| BEGINNER         | 1:30 max | <ul style="list-style-type: none"> <li>• Upright one-foot spin (3)</li> <li>• Upright back spin (3)</li> <li>• Sit spin (3)</li> </ul>   |
| HIGH BEGINNER    | 1:30 max | <ul style="list-style-type: none"> <li>• Upright one-foot spin (4)</li> <li>• Upright spin with change of foot (3 each foot)</li> <li>• Sit spin (3)</li> </ul>  |
| NO TEST          | 1:30 max | <ul style="list-style-type: none"> <li>• Upright spin with change of foot (3 each foot)</li> <li>• Sit spin (3)</li> <li>• Camel spin (3)</li> </ul>   |
| PRE-PRELIMINARY  | 1:30 max | <ul style="list-style-type: none"> <li>• Spin combo without change of foot – all 3 basic positions required (3 revs)</li> <li>• Backward sit spin (3)</li> <li>• Camel spin (4)</li> </ul>   |
| PRELIMINARY      | 1:30 max | <ul style="list-style-type: none"> <li>• Spin with one change of foot and one change of position (min. 3 each foot)</li> <li>• Sit spin with change of foot (min. 3 each foot)</li> <li>• One position spin, skater's choice (upright, sit, or camel) (4)</li> </ul> |
| ADULT BEGINNER   | 1:30 max | <ul style="list-style-type: none"> <li>• Pivot</li> <li>• Upright two-foot spin (2)</li> </ul>   |
| ADULT PRE-BRONZE | 1:30 max | <ul style="list-style-type: none"> <li>• Upright one-foot spin (3)</li> <li>• Upright two-foot spin (3)</li> </ul>   |
| ADULT BRONZE     | 1:30 max | <ul style="list-style-type: none"> <li>• Upright one-foot spin (3 revs.)</li> <li>• Solo spin with no change of foot (3 revs.), must be different from the upright spin – may not fly</li> </ul>   |

## Jumps Challenge

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.
- To be skated on half ice

| Level            | Time     | Skating rules / standards   |
|------------------|----------|---|
| Beginner         | 1:15 max | <ul style="list-style-type: none"> <li>• Waltz jump (from backward crossovers)</li> <li>• Half Flip or Lutz</li> <li>• Single Salchow</li> </ul>                        |
| High Beginner    | 1:15 max | <ul style="list-style-type: none"> <li>• Waltz jump (from backward crossovers)</li> <li>• Single Salchow</li> <li>• Jump combination – Waltz jump-toe loop</li> </ul>   |
| No Test          | 1:15 max | <ul style="list-style-type: none"> <li>• Single toe loop</li> <li>• Single loop</li> <li>• Jump combination – Any two ½ or single revolution jumps (no Axel)</li> </ul> |
| Pre- Preliminary | 1:15 max | <ul style="list-style-type: none"> <li>• Single Toe Loop</li> <li>• Single flip</li> <li>• Jump combination - Any two ½ or single revolution jumps (no Axel)</li> </ul> |
| Preliminary      | 1:15 max | <ul style="list-style-type: none"> <li>• Single flip</li> <li>• Single Lutz</li> <li>• Jump combination – Any single jump + single loop (may be Axel)</li> </ul>        |
| Adult Beginner   | 1:15 max | <ul style="list-style-type: none"> <li>• Waltz Jump</li> <li>• Mazurka or ballet jump</li> </ul>  |
| Adult Pre-Bronze | 1:15 max | <ul style="list-style-type: none"> <li>• Single Toe Jump</li> <li>• Half Flip, Lutz or Loop</li> </ul>  |
| Adult Bronze     | 1:15 max | <ul style="list-style-type: none"> <li>• Salchow</li> <li>• Toe loop</li> <li>• Any single jump plus a toe loop combination (no Axels allowed)</li> </ul>               |

## Interpretive

The Organizing Committee will pre-select and edit musical choices appropriate for these events. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a sound-proof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

- Judging Rules: Skaters are judged on originality, pattern, technical (the ability to include jumps and spins), musical interpretation, and expression
- Spins and jumps performed must be appropriate to competition level
- Music Duration:
  - Pre-Free Skate – Free Skate 6: 1:00 max
  - Beginner – Preliminary: 1:00 max
- Coaching: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor

## Showcase Events-Light Entertainment/Dramatic Entertainment

Showcase events are open to skaters in the Basic, Free Skate, Limited Beginner, Preliminary and Adult Bronze levels. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their Free Skate event or highest test level of skaters in the group ensemble or production number. If a Free Skate event is not being entered, skaters must enter at their current test level or one level higher.

Show costumes are permitted if they do not touch or drag on the ice. Costuming and make up for showcase programs should enhance the feeling created by the performance and reflect the meaning of the story or theme. Ornaments and hair accessories must be secure. No bobby pins, feathers, hair accessories or anything else that may fall to the ice and be hazardous to the skaters are allowed (a 0.1 deduction will be taken). Props and scenery must be placed and removed by unaided singles and duet competitors within one minute on and off and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.1 deduction will be assessed by the referee against each judge's mark for every 10 seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious loss of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow, and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice. The 6.0 judging system will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

| <i>LEVEL</i>  | <i>ELEMENTS</i>   | <i>QUALIFICATIONS</i>   | <i>TIME</i> |
|---|---|---|-------------|
| BASIC 1-6   | Elements only from Basic 1-6 curriculum   | Must not have passed any higher than Basic 6 level  | 1:00 max    |
| PRE-FREE SKATE – FREE SKATE 6<br>BEGINNER & HIGH BEGINNER<br>ADULT 1-6<br>ADULT BEGINNER & ADULT HIGH<br>BEGINNER | 3 jump maximum<br>Half- rotation jumps only, plus the following full rotation jumps: Salchow and toe loop | May not have passed any official U.S. Figure Skating free skate or free dance tests   | 1:20 max    |
| NO TEST   | No prescribed or restricted elements  | Must not have passed pre-preliminary free skate or any free dance tests   | 1:20 max    |
| PRE-PRELIMINARY   | No prescribed or restricted elements  | Must have passed no higher than U.S. Figure Skating pre-preliminary or any free dance test  | 1:20 max    |
| PRELIMINARY   | No prescribed or restricted elements.   | Must have passed no higher than U.S. Figure Skating preliminary free skate or adult bronze free skate or free dance test; see National Showcase guidelines for more specific information regarding adults | 1:30 max    |
| ADULT PRE-BRONZE  | No prescribed or restricted elements  | Must have passed no higher than adult pre-bronze free skate test; see National Showcase guidelines for more specific information regarding adults   | 1:40 max    |